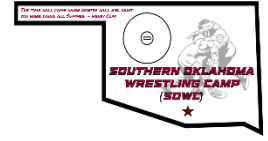




# **PURLER**

## WRESTLING



**WHAT:** Purler Wrestling Academy 5-Day Individual/Team Commuter Camp

**WHEN:** June 4th - 8th, 2024

**WHERE:** Ardmore High School (Main Gymnasium), 701 Veterans Blvd, Ardmore, OK

**WHO:** Boys and Girls entering grades 2nd through 12th in the fall of 2024 and be a minimum of 7 years old before June 1, 2024 and not be over the age of 18 as of June 1, 2024. (Those over the age of 18 may attend but must provide official school documentation showing that they will be enrolled in the 12<sup>th</sup> grade in the fall semester of 2024).

**Hosted by Ardmore High School Wrestling, the Ardmore Takedown Club and the Southern Oklahoma Wrestling Camp (SOWC)**

This event or activity is not sponsored by or endorsed by Ardmore City Schools.

### **Training Cost**

Individual Wrestler: \$250.00

Team Rate (min 9 wrestlers): \$200.00/wrestler – 20% SAVINGS!

*(Online service fees apply)*

### **How does my team get the team rate?**

Any Head Coach and or Team Representative who wants to take advantage of the 20% team discount rate must email Camp Director (Tom Johnston), at [stick6fall@gmail.com](mailto:stick6fall@gmail.com) with an accurate team roster prior to registering in order to receive their team discount code and lock in the team discount rate.

FREE \$200 Purler Wrestling Video Series to the first 100 Registrants. Give your camper the opportunity to review what they learned during the camp and will also receive a \$179 coupon for access to the full ***PURLER WRESTLING ONLINE ACADEMY***, in case any camper is interested in the full 275 technique program.

**Sign Up Now And Don't Miss Out—Limited Spots Available!**

**Registration Ends at Midnight, May 27th, 2024.**

### **CAMP SESSION TIMES**

*(Lunch is not provided, so please pack one!)*

**Day 1 – 4 (3 sessions) 9:30 – 11:45 // 12:30 – 2:30 // 3:00 – 4:00 (Review/Hard Wrestling)**

**Day 5 (2 sessions) 9:30 – 11:45 // 12:30 – 2:30**

To Register hit/hold Control Key and click on the registration link listed below or Scan the PQR Code!

<https://www.wrestlingiq.com/atc/register>



***NO DRILL ROUTINES. NO SUCCESS.***

*Get the Purler Academy's drill routines in place and set fire to your wrestling!*

**Directions to Ardmore High School:** All our training sessions will be conducted in the Main Gym on the Ardmore High School campus, located at 701 Veterans Blvd, Ardmore, OK 73401. The main Gym is located in the Northeast corner of the campus (see picture):

Directions coming Southbound from OKC:  
<https://goo.gl/maps/ewRz9NDE1FEJH3ak7>

Directions coming northbound from DFW, TX:  
<https://goo.gl/maps/SrFK42a58R8NeY3V7>

Directions coming westbound from Shreveport, LA:  
<https://goo.gl/maps/GzGVkfhfs6BsLmTD9>

Directions coming eastbound from Amarillo, TX:  
<https://goo.gl/maps/4wmtP9fTtYzHseYg8>



**Note:** Transportation to and from airports and any lodging costs will be the responsibility of the camper and their family.

**Lodging/Camping:** Numerous Hotels and camping sites are located within minutes of the school, a few are listed below:

Holiday Inn Ardmore, 2207 N Rockford Road, Ardmore, OK 73401, (580) 226-3333.

Courtyard by Marriott Ardmore, 2025 N Rockford Rd, Ardmore, OK 73401, (580) 224-2764.

SpringHill Suites, 2501 Centennial Dr N, Ardmore, OK 73402, (580) 226-7100.

By The Lake RV Park, 1031 Lodge Rd., Ardmore, Oklahoma 73401, (580) 798-4721

Lake Murray State Park, 3323 Lodge Rd, Ardmore, OK 73401-8424, (580) 223-4044

### Testimonials:

“My daughter attended the girls leg riding camp as a commuter. I was nervous about the fact that she’s only 7. She was definitely the youngest there, but it was an amazing experience for her. They didn’t waste any time. They got several hours of drilling and live wrestling. We had one issue when her partner had to leave early the next day. She ended up drilling alone for about 15 minutes until she finally convinced a couple of older girls to let her rotate in with them. At first, I was wishing that a coach would help her find a partner, but in the end, it ended up being a good confidence builder to have her navigate the issue herself and she ended up making several older girls as friends/mentors, one of which spotted her at a tournament last weekend and encouraged her. We will definitely be attending more Purler camps in the future. Ellie can’t wait to go back!” - **Melissa Freeman, Wrestling Mom**

“I wrestled for Nick for almost 9 years. Purler wrestling taught me proper technique, how to drill at a high level and gave me all the tools I needed to be successful in the sport. I was fortunate to grow up under such a great system. There is no better place to wrestle.”- **Drake Houdashelt, NCAA Division 1 Champion**

